THE ULTIMATE
INSTAGRAM GUIDE

PRIVATISE, PROTECT OR DEACTIVATE

How to Safeguard yourself from past or future scammers.

CC
CATCH THE
CATFISH

LOVE
SAID
FRAUD CENTER
& THINK TANK

@LoveSaid

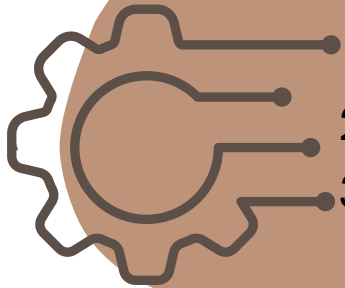# HOW TO MAKE YOUR INSTAGRAM PROFILE PRIVATE

PRIVACY

1. On your profile, tap the 3 lines at the top right of the screen.

CHANGING THE SETTINGS

1. This takes you to the settings and activity centre.
2. Scroll down to 'Account Privacy'.
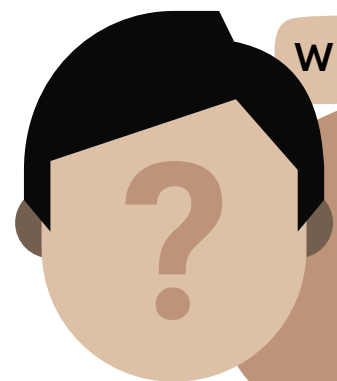3. Toggle the button to 'Private Account'.

DO SOME CHECKS

Take a look through your followers, remove anyone that you don't know in person or that requested you out of the blue.

WHO CAN SEE YOUR INFORMATION

Double check what can be seen from another account. Is any personal information visible in the bio of the profile?

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HOW TO TEMPORARILY DEACTIVATE YOUR ACCOUNT ON INSTAGRAM FROM THE APP FOR IPHONE USERS.
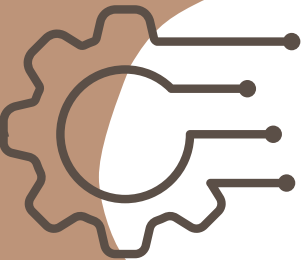
LOG IN

1. Log in from the app for iphone users or a computer/browser for Android users.
2. Click your profile picture in the bottom right corner.

CHANGING THE SETTINGS

3. Tap profile.
4. Tap edit profile.

DEACTIVATE

5. Scroll down and tap 'temporarily deactivate my account' in the bottom right.
6. Select the option as to 'why' and re-enter your password.

FINISHED

7. Tap 'temporarily deactivate account'.
8. Tap 'yes'.

You can re-activate at any time by logging in.

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HOW TO TEMPORARILY DEACTIVATE YOUR ACCOUNT ON INSTAGRAM FOR ANDROID USERS OR FROM A BROWSER.

LOG IN

1. Log in from computer/browser or for Android users.
2. Go to the Accounts Centre.

CHANGING THE SETTINGS

3. Tap the 'settings gear' at the top.
4. Tap 'see more in Accounts Centre.
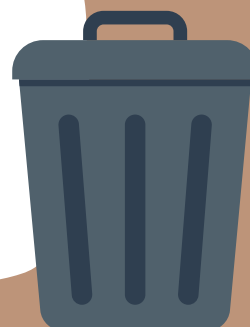5. Tap 'Personal details'.

DEACTIVATE

6. Tap the account you'd like to temporarily deactivate.
7. Tap 'Deactivate account'
8. Tap 'continue'.

FINISHED

Your account is now deactivated for a while.

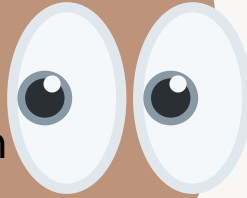You can re-activate at any time by logging in.

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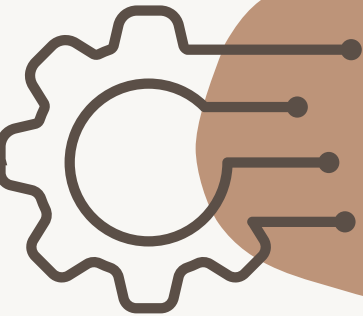
HOW TO CHANGE YOUR USER NAME ON INSTAGRAM

LOG IN

1. Log in from a computer or mobile device.
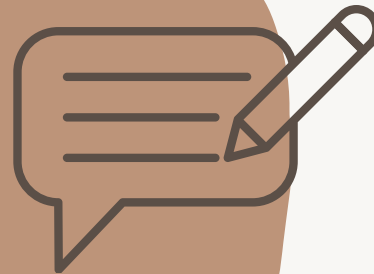2. Click the 'edit profile' button on your account.

CHANGING INFORMATION

1. Name
2. User Name
3. Bio
4. Links

EDIT YOUR INFORMATION

1. Change Name
2. Change User Name
3. Check bio has no personal information
4. Check any links don't lead to personal information.

REVIEW YOUR CHANGES

Double check your choices (profile pictures can also be changed here) and click 'Done' in the top right corner.

FINISHED

Your profile should now be untraceable to past scammers. Be aware of any new requests.

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